



HarmonyHilltopRanch.com
NATURAL HORSE TRAINING, LESSONS, EVENTS, SALES.

HARMONY HILLTOP RANCH INVITES TO Take your Team to the next level *through* **Equine Facilitated Learning**

Come out to beautiful Harmony Hilltop Ranch, experience nature and horses through a unique and effective Equine Assisted Learning (EAL) session.

Horses are beautiful, majestic relational beings who live in connection with herds (family groups/teams). They are prey animals with amazing awareness and sensing capacities. These tendencies make them great relational partners for learning about many facets of ourselves.

Interacting with horses, with skilled facilitation, offers opportunities for participants to receive non-judgemental feedback about existing behaviors and patterns as the horses respond to each person and team uniquely.

Facilitators will demonstrate to the group how to connect on a personal level with horses and then guide them through various tasks with horses. For example, tasks such as moving the horse through a gate, moving the horse around an object or helping a horse move in a particular direction. There are many activities/tasks that may be used, but they are all ground activities, not requiring the participant to ride the horse. During the activity, behaviors and communication styles are naturally revealed that will provide insight during the debrief and process time. By experiencing the nature of the horse, participants learn to pay attention to subtle body language while interacting with the horse. This experiential learning is invariably more effective than passive learning.

Each session will lead to the following discoveries:

- ◆ **Stronger and more effective leadership techniques**
- ◆ **Improved teamwork**
- ◆ **Increased Emotional Intelligence**
- ◆ **More Effective Communication**
- ◆ **Self awareness/accountability**
- ◆ **Intention**
- ◆ **Focus**
- ◆ **Mindfulness**
- ◆ **Relationship Building/Connection**

Team Building Facilitators



Debbie Lewis has been studying and teaching natural horsemanship since 1998. Success in Natural Horsemanship requires a high level of leadership, emotional fitness and personal development.

She has helped countless students improve their riding and horsemanship. On her journey with her students she has witnessed time and time again that

interpersonal and professional skills improve when Natural Horsemanship is learned. It's this experience that she brings to the table for Equine Facilitated Therapy and/or Learning.

Prior to her immersion in the world of horses, Debbie raised 5 kids with her husband Robert, whom she met while working as a computer programmer at Electronic Data Systems.



Susan Fawcett has spent her entire career helping individuals and corporations achieve their highest potential. Born with an innate love of horses and people, Susan uses her experience, knowledge and skills with both to create a unique, personalized learning experience for all participants. Through Equine Assisted Coaching, she facilitates a process that increases self-awareness and insight, identifies limiting beliefs and patterns, and develops strategies that empower her clients to live from a position of knowledge, strength and passion.

Susan provides: Equine Assisted Coaching and Team Building, Life Coaching, Performance Coaching, Strategic Team Building, Leadership Development, Relationship Coaching, Career Management, MBTI Personality Style Workshops, Conflict Resolution, Change Management, Wellness Initiatives and is available for Speaking Engagements.



HALF DAY SESSION for 6 to 12 participants from 9:00-12:00
– Snacks and Water provided. Cost \$1430

FULL DAY SESSION for 6 to 12 participants from 9:00-4:00 –
Snacks and Water provided. Lunch provided. Cost \$2260